

### **New Prediabetes ICD-10 Code**

Changes have arrived to the [ICD-10-CM code set](#). Effective with services provided on or after October 1, 2016, ICD-10 diagnosis codes will update to the 2017 version. One of the most significant changes will be the addition of a new code, **R73.03**, for **Prediabetes**. Prediabetes diagnosis signifies blood glucose levels that are higher than normal, but not high enough to be called diabetes. According to the American Diabetes Association (ADA), prediabetes is defined as one of the following abnormalities when blood glucose or A1c level is tested:

- Fasting plasma glucose (FPG) of 100 – 125 mg/dl
- An oral glucose tolerance test (OGTT) 2 hour blood glucose of 140 – 199mg/dl
- A hemoglobin A1c (A1c) of 5.7 – 6.4%

Use of the new prediabetes code will offer improved management of prediabetes patients through EHR utilization in both the clinical setting and through community referrals to the [Diabetes Prevention Program](#).